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ABSTRACT

This guide to parenting high school-age adolescents is intended to help parents restructure the typically adversarial relationship between parent and teenager by replacing the "parent as manager" role with the "parent as consultant" role. The text is question-driven, comprised of a series of responses to questions commonly asked by parents and other adults who work closely with adolescents. Examples include: (1) "What are fair punishments when teenagers break the rules?"; (2) "What can I do to help my teenager improve his poor grades?"; and (3) "How can we expect our 16-year-old daughter to be ready to drive a car when she can't even keep her room clean?" Potentially destructive behavior is also explored. In addition to three initial chapters that provide overviews of the parent-adolescent relationship, the adolescent world, and high school, remaining chapters include: (1) "Graduation"; (2) "Limits and Structure"; (3) "Natural Consequences"; (4) "Alcohol, Drugs, and Parties"; (5) "Academics, Grades, and Motivation"; (6) "Sex and Romance"; (7) "Being Gay"; (8) "Television, Music, and Computers"; (9) "Sports and Extracurricular Activities"; (10) "Making Friends"; (11) "The Driver's License"; (12) "Eating Modifications and Eating Disorders"; (13) "Adolescent Grieving"; (14) "Divorce"; (15) "Remarriage and Blended Families"; (16) "Single Parenting"; (17) "Parent Mental Health"; (18) "Professional Help"; and (19) "Concluding Remarks." Contains 24 references. (EV)

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